Youth Connection Helpline

314-819-8802
Always reach BHR directly through our Local Number

988
Reach BHR through the 988 Network

TEXT: BHEARD to 31658

CHAT: at www.bhrstl.com

GO: to your local Safe Place site

Need to Talk?
Feeling Depressed?
In a Crisis?
Being Bullied?
Thoughts of Suicide?
Worried about Someone Else?

SCAN THE QR CODE TO GET HELP NOW

CCRBD
The community and children's resource board of St. Charles county

St. Louis County Children's Service Fund
Keeping Kids First

BHR
Behavioral Health Response

mhb
Partnering, Investing, Empowering

988 Suicide & Crisis Lifeline