

Youth Connection Helpline

314-819-8802



Always reach BHR directly through our Local Number

988



Reach BHR through the 988 Network



TEXT: BHEARD to 31658



CHAT: at www.bhrstl.com



GO: to your local Safe Place site



Need to Talk?
Feeling Depressed?
In a Crisis?
Being Bullied?
Thoughts of Suicide?
Worried about Someone Else?



SCAN THE QR CODE TO GET HELP NOW



St. Louis County
Children's Service Fund
Keeping Kids First



partnering
innovating
transforming



988 SUICIDE & CRISIS LIFELINE